



consilient

Health Insurance Forum

Consilient Health Insurance Forum
Special Middle East event

3 June 2025

Heritage Hotel

Downtown Dubai

The rising trend of obesity in GCC countries
Understanding the causes and identifying the solutions

Welcome to our second consilient Health Insurance Forum - Dubai

Building on our previous Roundtable events

From 2017 and up to the beginning of the Covid-19 restrictions on meetings we produced a series of “Roundtable” events focusing on the health insurance sector.

These half day events were invitation only aimed at C-suite executives of insurers, claims administrators and major healthcare providers.

We held several events in Dubai, Muscat and Manama.

We have now extended the scope of our events to a wider audience of senior managers in all areas of the health insurance ecosystem to include health technology companies, health actuaries and telehealth providers as appropriate to the themes of each event.

Objectives of these events

Many events have great content but unfortunately produce no outcomes: people leave a little more informed but nothing happens to address market challenges and capitalise on opportunities.

Our events aim to identify initiatives that can be either implemented in the market or carried forward and taken to the appropriate decision makers and key influencers in the health insurance ecosystem.

As well as helping to create a sustainable health insurance sector, another priority for us is that outcomes are in line with improving population health. Better population health will inevitably benefit health insurance business performance.

Our format

Our Health Insurance Forum events will be full day affairs and will include refreshments on arrival, mid-morning and mid-afternoon and a buffet lunch.

In line with our event objectives, our forum will consist of both technical and panel sessions addressing key topics and generating documented initiatives.

The approach will be to allow for and encourage active audience participation and discussion in all sessions.

Forum content

GCC states fall within the top 25% of all countries with the highest rates of obesity (WHO 2022 statistics). We are not talking simply “overweight” we are talking “obese” and the rates are rising rapidly in GCC countries.

So, who or what is to blame and how can the trend be reversed? Is it genetic pre-disposition, is it a proliferation of junk food retail licenses issued by licensing authorities, is it a lack of personal willpower, is it the affordability of “healthy” food, is it lack of education by health authorities, is it a consequence of stressed working environments, or are there other causes?

We will discuss all the above but importantly aim to reach a consensus on what the solutions are.

Where appropriate we will involve companies from other industries who can offer solutions that will benefit the health insurance business.

Audience size

Although we are expanding numbers from the 20 or so attendees at our previous Roundtable events, in order to allow everyone to be heard in this discussion focused forum we will restrict audience numbers to a maximum of 50 attendees.

I hope our approach will inspire you!



Robin Ali
Head of Practice
The Consilient Consultancy Limited

Forum program

3 June 2025

0800 - 0900 Registration and refreshments on arrival
Please arrive as early as possible to complete the registration process as well as have time to enjoy the refreshments and network with other attendees

0900 - 0915 Event producer's welcome

Robin Ali

Head of Practice, The Consilient Consultancy Limited
Ireland and United Arab Emirates



0915 - 0930 A health authority perspective on the dangers of obesity: an address from a regional regulator

0930 - 1000 What the numbers tell us about the extent of and trends in obesity in GCC countries

1000 - 1030 The impact of obesity on other aspects of individual health

1030 - 1100 The impact of high obesity rates on the health insurance sector

1100 - 1130 Refreshment break and networking

1130 - 1200 Research on genetic pre-disposition and individual behaviour as causes of obesity

1200 - 1300 Panel session 1

What are the real causes of obesity and who is to blame?

1300 - 1415 Lunch and more networking!

1415 - 1445 How weight loss drugs work, their effectiveness and known side effects

1445 - 1545 The role of government in reducing obesity rates

1545 - 1615 Refreshment break and networking

1615 - 1645 How technology can help with weight management

1645 - 1745 Panel session 2

Identifying actionable solutions

1745 - 1800 Event Producer's summation and close of the event

1800 onward Drinks and networking in The Courtyard, The Heritage Hotel (self-paying)

Venue

The Heritage Hotel Autograph Collection, Sheikh Mohammed bin Rashid Boulevard, Downtown Dubai

Located in one of the most cosmopolitan areas of Dubai with access to both business, shopping and leisure facilities our event venue provides easy access for all attendees with complimentary valet parking.

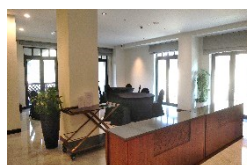
Located on the Mezzanine floor the meeting room is equipped with advanced audio-visual equipment and wireless connectivity. Refreshments and lunch are served immediately outside the room with access to an outdoor terrace.



The Heritage Hotel Exterior



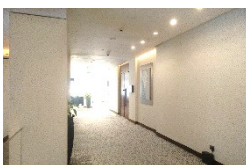
Meeting room format



Refreshments area



Take a break right outside!



Exhibitor and display area



The Courtyard

Registration and payment

Participation fee includes on arrival, mid-morning and mid-afternoon refreshments. Buffet lunch is also included with hot and cold dishes, dessert and soft drinks

Tickets will be charged at the EUR price

Ticket type	Discount on standard ticket rate	EUR	AED*	Availability and conditions
Standard ticket	n/a	400	1550	Freely available. No time limit
Early registration	25%	300	1165	Booking deadline 3 April 2025
Group booking	33%	267	1035	Minimum 3 delegates from same company. No time limit

*Approximate AED mid-market rate equivalent at 13 February 2025

A secure online registration and card payment facility is available through our event ticketing agency at <https://event.me/xdr4QZ>. We can also accept payment by direct bank transfer (when booking on the ticketing website select "Bank transfer" option)

Cancellation

75% refund for cancellations on or before 3 May 2025. Thereafter, should a paying delegate wish to cancel we will accept a substitute delegate. For group bookings we accept substitute delegates only